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Research Article

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The role of gender and personality (Type “A” and “B”); on emotional stressful experience

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Background: Stress is not merely something that makes one worry. It is rather ubiquitous. It is synonymous with life. We live in an age of great stress and anxiety and it impacts more on our life and social wellbeing depending on one's gender and personality types. ...

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Roles of demographics, anthropometric and metabolic syndrome on cognition among mid adults from rural population in Nigeria

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Author(s): Valentine A Ucheagwu*, Cyriacus Ajaelu, Paul C Okoli, Jesse Ossai, Philip C Ofojebe and Rita Ugokwe- Joseph

There is increased interest in cognitive aging among experts in brain sciences and gerontology as a result of improvement in health sciences leading to longevity. However, there are very limited studies on this area in Nigeria and some parts of Africa. ...

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Opinion

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The Lack of Love and Iron, The two causes of Alzheimer's

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Author(s): Joan Manuel Rodriguez Nunez*

Objective: By the lack of initiative by force (Faith) Iron man lives. Iron deficiency causes anemia, anemia causes dementia, Alzheimer dementia and Alzheimer's produces cognitive impairment in memory produces bases. Well hear him. The Iron Will Alkaline, the answer is yes. ...

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